



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **Century Ride**

**Ages: 9<sup>th</sup> grade through adult**

### **About the Program**

Sign up and join a team! Be motivated and challenged by a new instructor each hour as you and your team work to achieve 100 miles! Each person can ride consecutively for two hours if you really want to challenge yourself or you can break and come back for more later. One hour minimum per rider. Sign up is required and light refreshments will be provided. Choose the bike and time you'd like to ride in the cycling room and pay your fee at the front member service desk.

### **Program Dates**

Feb 17, 2018

### **Days and Times**

**Saturday**  
8am-2pm

### **Additional Information**

- Must have currently participated in a cycling class.
- Sign up for one or two time slots
- Water bottle is required.
- Headsets are prohibited.

### **Fees**

Members: \$5

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