


"Y" POOL SCHEDULE

June 7th – August 13th, 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-6:30	5:30am-8:30pm Length Swim	5:30-9:00am Length Swim	5:30am-8:30pm Length Swim	5:30-9:00am Length Swim	5:30am-8:00pm Length Swim	Closed	Closed
6:30-7:30	7:00-8:00am Boots/Belts/Fins (3 lanes)	9:00-10:00am Deep Water Combo	7:00-8:00am Boots/Belts/Fins (3 lanes)	9:00-10:00am Deep Water Combo	7:00-8:00am Boots/Belts/Fins (3 lanes)		
7:30-8:30							
8:30-9:30							
9:30-10:30	10:00-11:00am Swim Conditioning (up to 2 lanes)	10:00-11:00am Swim Conditioning (up to 2 lanes)	10:00-11:00am Swim Conditioning (up to 2 lanes)	10:00-11:00am Swim Conditioning (up to 2 lanes)	10:00-11:00am Swim Conditioning (up to 2 lanes)		
10:30-11:30	5:30am-8:30pm Length Swim (at least 1 lane at all times)	10:00am-7:00pm Length Swim (at least 2 lanes at all times)	5:30am-8:30pm Length Swim (at least 1 lane at all times)	10:00am-7:00pm Length Swim (at least 2 lanes at all times)	5:30am-8:00pm Length Swim (at least 1 lane at all times)	12:00-1:00pm Water Polo	
11:30-12:30	3:15-4:00pm Swim Camp (up to 2 lanes)	3:15-4:00pm Swim Camp (up to 2 lanes)	3:15-4:00pm Swim Camp (up to 2 lanes)	3:15-4:00pm Swim Camp (up to 2 lanes)	3:15-4:00pm Swim Camp (up to 2 lanes)	1:00-5:00pm Length Swim	
12:30-1:30							
1:30-2:30						Closed	
2:30-3:30	 <p>Sheridan County YMCA</p> <p>417 North Jefferson Sheridan, WY 82801 (307) 674-7488</p>						
3:30-4:30							
4:30-5:30							
5:30-6:30							
6:30-7:30							
7:30-8:30							
7:00-8:30pm Open Swim		7:00-8:30pm Open Swim	Closed				