

SCOTT POOL SCHEDULE

January 2, 2012–May 18, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30–5:45am Swim/Walk Lengths	5:30–6:00am Swim/Walk Lengths	5:30–5:45am Swim/Walk Lengths	5:30–6:00am Swim/Walk Lengths	5:30–5:45am Swim/Walk Lengths	Closed	Closed	
5:45–6:45am Water X Training	5:45–6:45am Cardio Power	5:45–6:45am Water X Training	5:45–6:45am Cardio Power	5:45–6:45am Water X Training			
6:45–7:45am Swim/Walk Lengths	6:45–8:00am Swim/Walk Lengths	6:45–7:45am Swim/Walk Lengths	6:45–8:00am Swim/Walk Lengths	6:45–7:45am Swim/Walk Lengths	7:30–11:00am Swim/Walk Lengths		
7:45–8:45 am Water X Training	8:00–9:00am Shallow Combo	7:45–8:45 am Water X Training	8:00–9:00am Shallow Combo	7:45–8:45am Water X Training			
9:00–10:00am Water Wave	9:00–10:00am Core Strengthening	9:00–10:00am Water Wave	9:00–10:00am Core Strengthening	9:00–10:00am Water Wave			
10:00–11:00am Swim Lessons	10:00–11:00am Rentals	10:00–11:00am Swim Lessons	10:00–11:00am Rentals	10:00–11:00am Rentals	11:00am–1:00pm Saturday Fun Club		
11:00am–12:00pm Arthrosize	11:00–12:00pm Rentals	11:00am–12:00pm Arthrosize	11:00–12:00pm Rentals	11:00am–12:00pm Arthrosize			
12:00–1:00pm Swim/Walk Lengths	12:00am–1:00pm Rentals	12:00–1:00pm Swim/Walk Lengths	12:00am–1:00pm Rentals	12:00–1:00pm Rentals	1:00–5:00pm Open Swim and Splash Parties		1:00–4:00pm Open Swim and Splash Parties
1:00–2:00pm Water Wave	1:00–2:00PM Nuts About Noodles	1:00–2:00pm Water Wave	1:00–2:00pm Nuts About Noodles	1:00–2:00pm Water Wave			
2:00–3:00pm Swim/Walk Lengths	2:00–3:00pm Swim/Walk Lengths	2:00–3:00pm Swim/Walk Lengths	2:00–3:00pm Swim/Walk Lengths	2:00–3:00pm Swim/Walk Lengths			
3:00–4:00pm Afterschool Program	3:00–4:00pm Afterschool Program	3:00–4:00pm Afterschool Program	3:00–4:00pm Afterschool Program	3:00–4:00pm Coffeen School Prog.			
4:00–6:00pm Swim Lessons	4:00–6:00pm Swim Lessons	4:00–6:00pm Swim Lessons	4:00–6:00pm Swim Lessons	4:00–6:00pm Swim/Walk Lengths	 <p style="margin: 0;">Sheridan County YMCA 417 North Jefferson Sheridan, WY 82801 (307) 674-7488</p>		
6:00–8:00pm Open Swim	5:45–6:45pm SWEAT	6:00–8:00pm Open Swim	5:45–6:45pm SWEAT	6:00–8:00pm Open Swim			
	6:45–8:00pm Open Swim		6:45–8:00pm Open Swim				
8:00–8:30pm Closed	8:00–8:30pm Closed	8:00–8:30pm Closed	8:00–8:30pm Closed	8:00–8:30pm Closed			

*NOTE: ON SCHOOL VACATION DAYS "SCOTT" POOL WILL HAVE OPEN SWIM FROM 2–4PM

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